

ACNAP 2025 – Travelling Fellowship Report



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I was honored to attend the ACNAP 2025 Congress (12-14th of June) in Sophia Antipolis, France, thanks to the support of the Travelling Fellowship. This was a truly enriching experience, both professionally and personally, as it marked my first time participating in a major European cardiovascular nursing and allied professions conference.

At the congress, I had the opportunity to present my research titled Postoperative care pathway with phase 1 cardiac rehabilitation: experiences and perceptions of patients and carers following coronary artery bypass grafting surgery. Presenting my work to an international audience was both exciting and rewarding, and I received insightful feedback that will help shape the next phase of my PhD project. The discussions that followed my presentation were particularly valuable, offering new perspectives and potential avenues for collaborations.

Abstract can be viewed:

<https://esc365.escardio.org/presentation/302094?query=postoperative>

Beyond my own presentation, I was inspired by the breadth and depth of content at ACNAP 2025. Sessions on CONNECT at the bedside, environmental justice and health disparities among many other presentations were especially impactful. The congress also provided a fantastic platform to connect with peers and experts from across Australia, Europe and beyond, many of whom I am in touch now and hope to collaborate with in the future (please see image below, with Professor Caleb Ferguson, Professor Rochelle Wynne, and Dr Nicola Straiton).

I am deeply grateful for the opportunity to present my research on this global stage and extend my sincere thanks to the fellowship committee for making this experience possible.